



**Nineteenth Annual**

***Forensic Mental Health***

***Conference***

**September 28 - 29, 2011**

**PATTON STATE HOSPITAL  
3102 EAST HIGHLAND AVENUE  
PATTON, CALIFORNIA 92369  
(909) 425 - 7000**



The Nineteenth Annual Patton State Hospital Forensic Mental Health Conference is presented without cost to participants in an effort to bring together individuals who share an interest in forensic mental health issues. You will see by the following program that effort has been made to provide presentations of interest to participating friends, families and professional colleagues. This conference would not be possible without the generous donations from The National Association of Mental Health Program Directors.

I invite you to join us on September 28 and 29, 2011, for another educational experience; pre-registration for the conference is not required. Participation in concurrent presentations during the conference will be on a first-come first-served basis; presentations will be closed when attendance reaches fire capacity of the assigned room.

OCTAVIO C. LUNA  
Executive Director

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### **2011 Conference Planning Committee**

Julie De Palma, TO/SDC, Conference Facilitator  
Cindy Barrett, Administrative Assistant  
Christopher Flagg, Audio Visual  
Ginny Gibialante, Program Director  
Veronica Kaufman, LCSW, Chief, Social Work Service  
Paul Guest, PhD  
Angela Stoner, Librarian  
Wadsworth Murad, D.O. Chief of Professional Education  
Eliseo Reyes, PNED  
Randy Bohlmann, Nursing Coordinator  
Gari-Lynn Richardson, Director of Standards Compliance  
Greg Siples, Chief Rehabilitation Therapy Service

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### **CONTINUING EDUCATION**

All presentations will offer continuing education units (CEU) for nursing disciplines and Rehabilitation Therapists. Twenty-one presentations have been applied for Category I, Continuing Medical Education credits for physicians. Courses meet the qualifications for 12 hours of continuing education credit for MFT's and LCSW's as required by the California Board of Behavioral Sciences (PCE 603).

# **Nineteenth Annual**

## **Forensic Mental Health Conference**

### **Patton State Hospital**

**Wednesday September 28, 2011**

8:00-8:30      Registration  
8:30-9:00      Welcome and Orientation

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9:00-10:30      **KEYNOTE ADDRESS:** **Auditorium**

**Presentation:**      Trauma Informed Peer Involvement

**Presenter:**      Sharon Wise  
Faculty/Project Coordinator, National Coordinator Center for the Prevention of  
Violence, Trauma and Use of Restraint and Seclusion  
National Association of State Mental Health Program Directors

Summary: A Definition of aggression and how it is tied directly to aggressive behaviors and my own lived experience as a trauma survivor. Also, I will focus on what I could have done differently and what a difference the right type of support could have helped my development. I will focus on how we all can work together to be sensitive to each other, while dealing with certain issues to create better relationships.

*1.5 CEU/S.W. CEU*

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10:30-10:45      **BREAK**

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10:45-11:45      **NON-COMPETING WORKSHOP** **Auditorium**

**Presentation:**      Trauma Informed Workforce Development Caring for the Caregivers

**Presenter:**      Raul Almazar, RN, MA  
Faculty/Project Coordinator, National Coordinator Center for the Prevention of  
Violence, Trauma and Use of Restraint and Seclusion  
National Association of State Mental Health Program Directors

Summary: Many organizations are subject to chronic stress, even organizational trauma. Individuals working in these systems, especially the direct care staff, need to practice in an environment that attends to their physical and emotional safety. This presentation will explore what happens to organizations that are traumatized and the effect of trauma on the workforce. We will also address trauma informed strategies to becoming a healing organization, an organization that is constantly attempting to restore its wholeness.

*1.5 CEU/S.W. CEU*

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**11:45-1:15**

**LUNCH**

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**1:15-2:45 Concurrent Presentations**

**Auditorium**

**Presentation: Violence in Mental Hospitals**

**Presenter: Behnam Luka Behnam, MD, DS.  
Senior Psychiatrist Supervisor  
Chief of Professional Education**

**Metropolitan State Hospital**

Violence Lecture will cover the following objectives:

1. Definition of aggression & violence
2. Types of violence
3. Epidemiology of violence
4. Neuropathology of violence
5. Factors contributing to violence
6. Assessment of violence
7. Aggression reduction recommendations.
8. How to prevent or minimize the damage
9. Management of aggression & violence

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*1.5 CEU/S.W. CEU/CME*

**1:15-2:45**

**Staff Development Center-Room 105**

**Presentation: Recovery Inspired Skills Enhancement (RISE): Integrating Neurocognitive and Social Cognition Training**

**Presenters: Mark Williams, PhD**

**Patton State Hospital, Dept. of Psychology**

Summary: The Recovery Inspired Skills Enhancement Program (RISE) is an integral component of Patton State Hospital's cognitive rehabilitation services. This presentation provides a brief overview of the guiding principles that inform treatment. Presenters will review specific neurocognitive rehabilitation techniques utilized as well as the programs approach to enhancing social cognition skills.

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*1.5 CEU/S.W. CEU/CME*

Concurrent Presentations (Continued)

**WEDNESDAY, SEPTEMBER 28, 2011**

1:15-2:45

**Staff Development Center-Room 111**

**Presentation:**     **Supporting the Recovery Process: The Mentor Project at ASH**

**Presenters:**     **Bettina Hodel, Ph.D**  
                         **Alice Newell, RN Positive Behavior Support/DCAT**  
                         **Heather Powers, MSW**

**Atascadero State Hospital**

Summary: The Mentor-Project at ASH is an adjunctive treatment for individuals with a cognitive disorder. Mentors are other individuals who are mentally stable. They assist the mentees not only in going to their groups, but also in understanding the content of the groups. Data show a considerable increase in the mentees' group attendance and some decrease in the mentees' Serious Incident Reports. Also, data show that the Mentor-Project positively affects the quality of life of the mentors and for some even their return to community.

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*1.5 CEU/S.W. CEU/CME*

1:15-2:45

**Fitness Center**

**Presentation:**     **The Youth Offender: Juveniles and Young Adult Offenders in the Juvenile Justice and Criminal Justices**

**Presenter:**     **Majorie Graham Howard**  
                         *Director of Clinical Training/Associate Professor*  
                         *Azusa Pacific University, Graduate Psychology*  
  
                         **Aaron Batholomew, Psy.D Practicum II**  
                         *Center for Integrated Family and Health Services*

Summary: This presentation focuses on the current law and challenges of working with the youthful offender, including juveniles in the juvenile justice system, juveniles who are transferred to the adult criminal system, and young adult offenders.

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*1.5 CEU/S.W. CEU/CME*

1:15-2:45

**Cottage K**

**Presentation:**     **Aggression Trends**

**Presenter:**     **Paul Guest, Ph.D.**  
                         **Patton State Hospital**

Summary: Aggression in California's State Hospitals recently has become a focus of intense concern. Anecdotal culture holds that the rates and severity of aggression are much higher in recent times than in years past. This presentation will explore trends in physical aggression over the past decade at Patton State Hospital. We will evaluate the impact of changes in the legal and social climate including restrictions on the involuntary administration of medication and the reduction in the use of restraint. We will then explore the relationship between changes in the nature of the patient population and the incidence of aggression. Finally, we will consider implications for working with this population.

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*1.5 CEU/S.W. CEU/CME*

**2:45-3:00    BREAK**

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**3:00 – 4:30 Concurrent Presentations**

**Auditorium**

**Presentation:    Gangs in the Forensic Setting**

**Presenter:        John Powell, Chief of Police**

**Patton State Hospital**

Summary: Gang activity has been increasing at an alarming rate for decades, influencing everything from high school dress codes to popular music. Understanding the people and behaviors associated with their lifestyles can only make our jobs safer and more productive.

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*1.5 CEU/S.W. CEU*

**3:00 – 4:30**

**Staff Development Center-Room 105**

**Presentation:    Snoozle Room**

**Presenter:        Enid Velasco, SW**

**Patton State Hospital**

Summary: Room equipment will be reviewed and Benefits of the equipment will be taught on how it promotes calmness, improves attention and positive outcomes. Cases reviewed on how the snoozle room benefits those who responded to this type of intervention. This session will be geared to those who want to learn more about the equipment of the room and the therapies done in the room.

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*1.5 CEU/S.W. CEU*

**3:00 – 4:30**

**Staff Development Center-Room 111**

**Presentation:    Forming Treatment Goals and Objectives for Managing and Treating Aggression**

**Presenter:        Daphne Erhart, Psy. D**

**Patton State Hospital**

Summary: Managing and treating aggression starts with the formulation of personalized treatment goals. Successful treatment is propelled by careful conceptualization and implementation of steps to help the individual decrease violence. Focusing the individual on the next step can help the team move the individual towards decreased aggression, resulting in more freedom and personal fulfillment. Participants are invited to bring and share objectives as we learn from each other and practice this creative and valuable skill.

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*1.5 CEU/S.W. CEU/CME*

**WEDNESDAY, SEPTEMBER 28, 2011**

**3:00 – 4:30 Concurrent Presentations (Continued)**

**Fitness Center**

**Presentation:**   **Adults Prenatally Exposed to Alcohol: Implications for Forensic Mental Health Assessment, Prevention and Treatment : A work in Progress**

**Presenter:**       **Raymond Scott, PhD**  
  
                          **Atascadero State Hospital**

Summary: Emerging evidence suggests that fetal alcohol spectrum disorder (FASD) is common among racial and ethnic minority groups within forensic mental health, and that services to diagnose and treat these individuals are limited. Associated disabilities include depression, anxiety, or psychosis, sexual promiscuity, poor impulse control, difficulty forming relationships, and victimization.

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*1.5 CEU/S.W. CEU/CME*

**3:00 – 4:30**

**Cottage K**

**Presentation:**   **Structural Inefficiencies and Impediments to Efficient Safe Release into the Community through CONREP**

**Presenter:**       **Ed O'Brien, Supervising Deputy Public Defender.**

Summary: This presentation will discuss remedies which include more effective advocacy from the public defenders, better use of CONREP, and a new way of writing court reports. Ultimately, if my conclusions were accepted, more effective release model for patients, thus reducing the numbers of patients.

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*1.5 CEU/S.W. CEU*

# **Nineteenth Annual**

## **Forensic Mental Health Conference**

### **Patton State Hospital**

**Thursday September 29, 2011**

8:00-8:30      Registration  
8:30-9:00      Welcome and Orientation

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9:00-10:15      KEYNOTE ADDRESS: Auditorium

**Presentation:**    Epidemiology and Neurobiology of Violence

**Presenter:**      Stephen Stahl, MD, Ph.D

Summary: Presentation will review the various prefrontal brain circuits involved in cognition, judgment, impulsivity and emotions. Discuss the role of the amygdala in violence and its treatment with both psychosocial and psychopharmacological interventions. Risk factors: environmental and neurobiological for violence, including the links of violence to mental illness. Show that an evolving neurobiology including genetics, brain circuits and neurotransmitters, especially serotonin, are linked to the causes and treatments of violence.

*1.5 CEU/S.W. CEU/CME*

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10:00-10:15      Break

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10:15-11:45 Concurrent Presentations Auditorium

**Presentation:**    Symptoms, Circuits and Genetics of Violence: Setting a Rationale for Clozapine, High Doses and Polypharmacy of Antipsychotics

**Presenter:**      Stephen Stahl, MD, Ph.D

Summary: To review the various categorizations of violence and discuss the various risk factors, environmental and neurobiological for violence, including the links of violence to mental illness. To provide a rationale for clozapine, high doses and polypharmacy of atypical antipsychotics for treating violence in psychotic individuals unresponsive to standard treatments.

*1.5 CEU/S.W. CEU/CME*



**THURSDAY, SEPTEMBER 29, 2011**

**10:15-11:45**      **Concurrent Presentations (continued)**

**Staff Development Center-Room 108**

**Presentation:**    **Dialectical Behavior Therapy in an Inpatient Forensic Setting**

**Presenter:**       **Don Johnson, PhD**

**Atascadero State Hospital**

Summary: This presentation will cover the ways in which the DBT consultation team at ASH collects data and assesses treatment outcome effectiveness. It examines current DBT data at ASH, including cost utilization and a Quality of Life measure developed at ASH.

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*1.5 CEU/S.W. CEU/CME*

**10:15-11:45**

**Staff Development Center-Room 111**

**Presentation:**    **Suicide**

**Presenter:**       **Behnam Luka Behnam, MD, DS.**  
                         **Senior Psychiatrist Supervisor**  
                         **Chief of Professional Education**

**Metropolitan State Hospital**

This presentation will cover:

1. Medico-legal implications of suicide
2. Definition of suicide
3. Reasons for suicide
4. Incidence & prevalence of suicide
5. Etiology of suicide
6. Predictors of suicide
7. Protective factors of suicide
8. Management of a suicidal individual

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*1.5 CEU/S.W. CEU/CME*

## THURSDAY, SEPTEMBER 29, 2011

10:15-11:45 Concurrent Presentations (continued)

Fitness Center

**Presentation:** Inner Experience of Mental Illness

**Presenter:** Donald Kern, M.A., M.F.T.

Summary: This presentation strives to educate mental health professionals from a diverse cross section of disciplines and agencies on how to help family and friends of the mentally ill cope with mental illness. By sharing his own firsthand experience with bipolar disorder, the presenter helps professionals gain insight into topics relevant to treating the mentally ill. This translates into more effective and compelling treatment.

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1.5 CEU/S.W. CEU

10:15-11:45

Cottage K

**Presentation:** Healing Arts

**Presenter:** Sharon Wise

Faculty/Project Coordinator, National Coordinator Center for the Prevention of Violence,  
Trauma and Use of Restraint and Seclusion

National Association of State Mental Health Program Directors

Summary: The Healing through the use of Arts workshop adds a positive and creative dimension for anyone who serves, knows and cares for someone with a trauma history. It's a series of one or many art activities that includes painting, performance, writing, expression, making collages, and designing pillowcases. All of these art activities can be replicable in a variety of settings, including inpatient facilities, community programs and consumer-operated services. Attendees **will not be required** to have previous experience as artists or have any particular talent. They must simply be willing to allow their creative energy to flourish and share it with others.

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1.5 CEU/S.W. CEU

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11:45-1:15

Lunch

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**Presentation:**    **The Unusual Suspects: Perpetrator of Aggression  
in a Maximum Security Forensic Psychiatric Hospital**

**Presenter:**        **Sean Evans, PhD  
Shannon Bader, PhD**

**Patton State Hospital**

Summary: Presenters will provide preliminary findings from an ongoing study examining the common characteristics of individuals identified as perpetrating severe violence. These findings will be discussed within the context of reducing violence rates within the hospital.

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*1.5 CEU/S.W. CEU/CME*

**1:15-2:45**

**Staff Development Center 105**

**Presentation:**    **Meaning of Life and Happiness**

**Presenter:**        **Robert Bates, Psy.D**

**Coalinga State Hospital**

Summary: This presentation demonstrates the use of REBT homework to facilitate treatment. In one assignment, group members take a popular tune and write new lyrics. Conference attendees will be asked to do the same. “Let’s go thinkin’ now, everyone’s learning how, come on and CBT with me, .... Come on everyone .....”

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*1.5 CEU/S.W. CEU/CME*

**1:15-2:45**

**Staff Development Center 108**

**Presentation:**    **Benefits of Mindfulness and Meditation with  
Aggressive Patients**

**Presenter:**        **Patricia Cawunder, PhD  
Marjorie Graham-Howard, PhD**

Summary: Meditation has proved beneficial in treating a wide array of psychological conditions and symptoms. This presentation presents the relevant clinical literature on how to use mindfulness and meditation with aggressive and violent patients.

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*1.5 CEU/S.W. CEU/CME*

**Thursday, SEPTEMBER 29, 2011**

**1:15-2:45 Concurrent Presentations (continued)**

**Fitness Center**

**Presentation:**   **Cultural and Ethical Issues in Delivering Services in a Forensic Psychology Setting**

**Presenter:**       **Ronn Johnson, Ph.D., ABPP is an Associate Professor in the Clinical Mental Health Program at the University of San Diego**

Summary: This presentation highlights some of the knowledge, skills and dispositions needed for working with forensic psychology cases. The session focuses on cultural and ethical matters for delivering services within a forensic setting.

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*1.5 CEU/S.W. CEU/CME*

**1:15-2:45**

**Closed to Patton Staff only**

**Cottage K**

**Presentation:**   **Working with Individuals with Self Injury Violence**

**Presenter:**       **Raul Almazar, RN, MA**

**National Association of State Mental Health Program Directors  
Arlington, VA**

Summary: Discussion on origins of self-inflicted violence and its relation to history of trauma. This session will be geared to direct care staff. We hope to develop strategies for day to day milieu safety. This will be an interactive session where the audience will be expected to share some of their challenges then we will utilize the audience's collective knowledge to develop strategies.

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*1.5 CEU/S.W. CEU*

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**2:45-3:00**

**Break**

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**3:00-4:30 Concurrent Presentations**

**Auditorium**

**Presentation:** Peer Self Advocacy Program Unique Services and Strategies for Assisting Mental Health Clients

**Presenter:** Ganet Magnus, Peer Self Advocacy Program Coordinator

Robyn Gantsweg, Senior Coordinator Peer Self-Advocacy

Program, Disability Rights California

Summary: This presentation will provide a history and overview of the services provided by Disability Rights California's Peer Self-Advocacy (PSA) program and how our staff collaborates with the other forensic mental health service providers. This will include a review the PSA program's goals and how we achieve them through our unique peer self-advocacy services.

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1.5 CEU/S.W. CEU

**3:00-4:30**

**Staff Development Center 105**

**Presentation:** Updates on Positive Behavior Support

**Presenter:** Andrea Bauchowitz, PhD

Patton State Hospital

Summary: Positive Behavior Support is an integral part of Patton State Hospital's risk management program and often works with the most challenging individuals. This presentation provides a brief overview of the PBS philosophy and assumptions about the origin of maladaptive behaviors. Presenters will review commonly implemented interventions and provide case examples for illustration.

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1.5 CEU/S.W. CEU/CME

**3:00-4:30**

**Staff Development Center 111**

**Presentation:** Consciousness and Compassion

**Presenter:** April Wursten, PhD

Michael Ehlers, LCSW

Patton State Hospital

Summary: The key to this presentation is that we ALL need to stop, look, and really listen for needs. This consciousness is the basis for compassion. This presentation outlines a hypothesis, strategies, and changes we can make to meet our collective need for safety.

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1.5 CEU/S.W. CEU/CME

**THURSDAY, SEPTEMBER 29, 2011**

**3:00-4:30 Concurrent Presentations**

**Fitness Center**

**Presentation:** Distinguishing Between Sex Offender Types: Evolution, Psychopathy, and Neurologic Impairment

**Presented by:** Steven Hansen, Psy.D., L.P.C

**Atascadero State Hospital**

Summary: Reviews the literature concerning the roles of evolution, psychopathy, and neurologic impairment in determining the type of victim a sex offender will select. The evolution of psychopathy is thought to influence those who rape women of reproductive age. Neurologic impairment is thought to influence pedophilia and those who offend against males. Implications for treatment and public policy are discussed.

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*1.5 CEU/S.W. CEU/CME*

**3:00-4:30**

**Cottage K**

**Presentation:** Utilization of HCR 20 System

**Presented by:** Sean Brannon, Ph.D.

**Bruce Karp, Ph.D.**

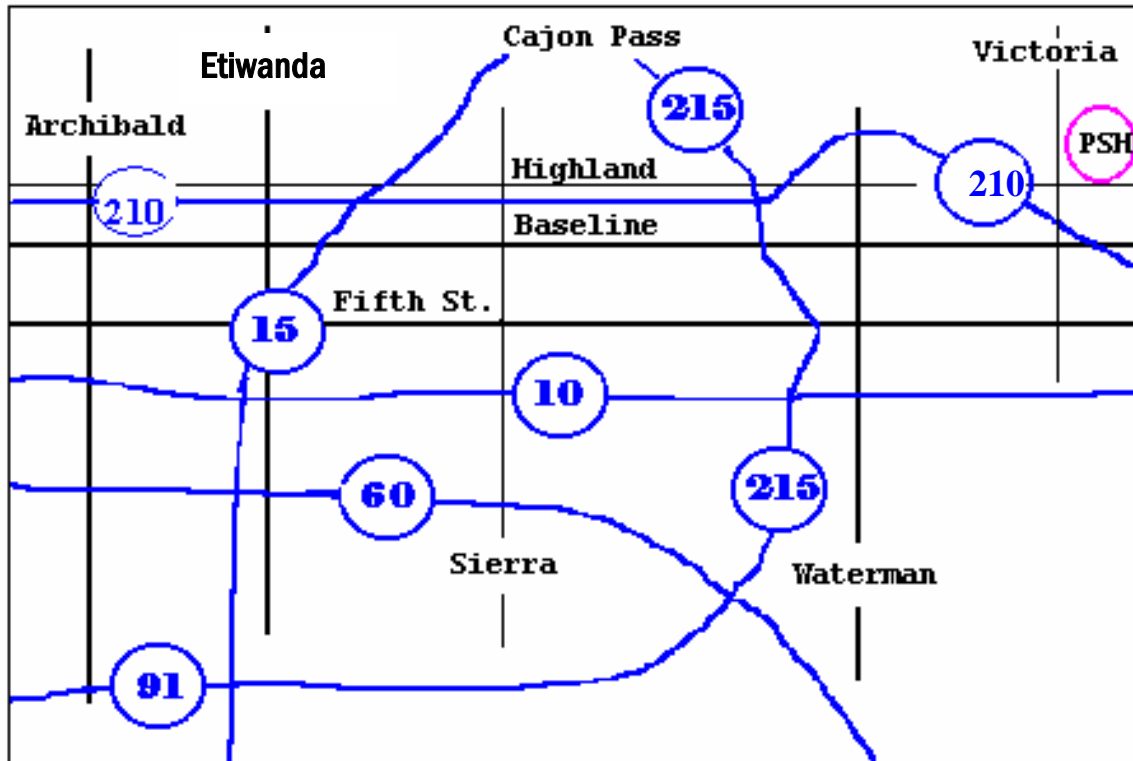
**Patton State Hospital**

Summary: Several Instruments are commonly used by clinicians to evaluate current and future risk of violence. Three actual case studies are presented where the HCR-20 was utilized to first thoroughly evaluate violence risk, prepare treatment strategies and finally to employ realistic interventions to treat physical violence on an acute admissions unit.

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*1.5 CEU/S.W. CEU/CME*

## Where is Patton



### **DIRECTIONS:**

From the I-10 West: Take the I-10 East to 210 West; exit Highland Ave. turn Right on Highland, pass Victoria Avenue- Patton State Hospital (3102 E. Highland) is on left side.

From 210 West: Take 210 East towards Redlands, exit Highland Ave. turn Left on Highland, pass Arden and Victoria Avenues-Patton State Hospital (3102 E. Highland) is on the left side.

### **WHERE IS THE AUDITORIUM AND PARKING?**

Enter the main entrance to the hospital from Highland Avenue, turn left in front of the Administration building (second stop sign, at the flag pole); Auditorium is directly ahead on the right.

Please follow signs posted for Parking.

Parking is available near the auditorium, and Staff Development Center. Do NOT park in designated RIDESHARE parking. Parking and traffic laws are enforced by the Hospital Police Department and the California Highway Patrol.



